26KINDIE ESSENCE OF LOSS OF THAT GIVE HOPE LO

It's time to be kind! Complete an act of kindness each day with your family, and check off every act of kindness you complete. Thank you for spreading joy this holiday season!

ı.	•	I I	l ·		1 1	
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
KIDSGIVING Growing a Love of Philanthropy	NOVEMBER 29 Give a kind letter or drawing to your teacher	It's Giving Tuesday! Make a donation to your favority charity	DECEMBER 1 Help make dinner and set the table for your family	Call a relative to tell them how much you love them	Do a chore for someone without them knowing	Donate a well-loved toy or clothing item
Drop off a treat for a friend or neighbor	Post a thank you sign for delivery workers on your door	Share a compliment with a friend	Donate canned goods to a local food pantry	Write a note to someone to say why you are thankful for them	Bring a treat to your bus driver or crossing guard	Bring supplies to a local animal shelter
Write kind messages with chalk around your neighborhood	Surprise a family member with a hug out of the blue	Help a classmate at school	Leave a thank you note for your mail carrier	Send a holiday card to a local assisted living facility	Visit ARLGivesHope.org to spread kindness with Gifts That Give Hope!	

ARLGIVESHOPE. CHANGE LIVES.